

TRAINING SCHEDULE

JAN	11's	13's	17's
Sunday, 20th	TEAM DAY		
Friday, 18th Jan			Training
Wednesday, 30th			GAME
February			
1st February			Training
8th February			Training
15th February	Training	Training	Training
22nd February			INSPIRE
MARCH			
1st March	Training	Training	Training
8th March			GYM
15th March	INSPIRE	INSPIRE	Training
22nd March			INSPIRE
29th March	Training	Training	Training
SUNDAY 31st March	TOURNAMENT	TOURNAMENT	TOURNAMENT
APRIL			
5th April			GYM
12th April			
19th April			
26th April	Training	Training	Training
Sunday, 28th April	TOURNAMENT	TOURNAMENT	TOURNAMENT
MAY			
3rd May			Training
10th May	Training	Training	Training
17th May			Training
Sunday, 19th May	TOURNAMENT	TOURNAMENT	
24th May	INSPIRE	INSPIRE	Training
Sunday, 26th May	TOURNAMENT	TOURNAMENT	
31st May			INSPIRE
JUNE			
Sunday, 2nd June			Association Champs
7th June			
14th June	Training	Training	Training
21st June			Training
28th June			GYM
JULY			
5th July			
12th July	Training	Training	Training
Sunday, 14th July	TOURNAMENT	TOURNAMENT	TOURNAMENT
19th July			Training
26th July	Training	Training	INSPIRE
AUGUST			
2nd August			Training
9th August	INSPIRE	INSPIRE	Training
Sunday, 11th August	TOURNAMENT	TOURNAMENT	
16th August			Training
23rd August	Training	Training	INSPIRE
30th August			Training
SEPTEMBER			
6th Sept	Training	Training	Training
Sunday 8th September	TOURNAMENT	TOURNAMENT	
13th Sept			Training
20th Sept			GYM
27th Sept			
OCTOBER			
4th October			Training
11th October			Training
18th October			Training
25th October			INSPIRE
NOVEMBER			
1st November			GYM
8th November			Training
15th November			Training
22nd November			INSPIRE
29th November			Training
DECEMBER			
6th December			Training
13th December			